

GLUTEN FREE MENU OPTIONS

Welcome to Mountain Town. We ask that all guests with gluten sensitivity to inform server asap. They will work with management and kitchen staff to prevent cross contamination, update food ingredient info and answer any questions you may have about our gluten free menu. We do not have a dedicated fryer, therefore, all fried foods are off limits. Our pans are seasoned. We do not have dedicated pans. We will use fresh utensils when handling your food. If your sensitivity is such that using non-dedicated cookware will be harmful, please dine from our grilled items only.

APPETIZERS

Roasted Red Pepper Hummus w/ Fresh Vegetables & Tortilla Chips..6.99

Spinach & Artichoke Dip w/ Tortilla Chips..6.99

Mountain Town Nachos..9.99

Tri-colored corn tortilla chips piled high & smothered with nacho cheese & salsa chicken. Layered with more chips and melted Monterrey jack & cheddar cheeses. Finished with scallions and sides of salsa and jalepenos. **Our sour cream is a Bareman's contains modified food starch. Consume at your own risk.

SALADS

Gluten Free Dressing-Maple Vinaigrette, Balsamic Vinaigrette

Caesar, Raspberry Vinaigrette, French, Parmesan Italian, Honey Dijon-all contain Xanthum Gum. If you are sensitive, eat at your own risk

Mountain Town Salad...8.99 Add Grilled Chicken...10.99

Mixed greens, julienne Granny Smith apples, dried cherries and walnuts tossed with house made maple vinaigrette dressing.

Brewhouse Sinach Salad.....8.99 Add Grilled Chicken...10.99

Fresh baby spinach tossed with bacon, sun-dried tomatoes, red onions, bleu cheese crumbles, and pecans. Tossed with balsamic vinaigrette.

ENTRÉES

Most entrees include house salad and a choice of baked potato, mashed potatoes, apple sauce or steamed vegetables. Sorry no French fries, baked beans or wild rice.

Baked Salmon...16.99

Fresh Norwegian salmon baked to perfection and served with fresh lemon.

Lemon & Cracked Pepper Halibut... 17.99

Fresh halibut steak topped with sliced lemon and cracked black pepper.

Lobster Tail...19.99

An 8oz. lobster tail broiled in white wine to perfection.

Grilled Tuna..17.99

An 8oz. sashimi grad tuna filet grilled medium rare.

Gluten-Free Chicken Parmesan...14.99

Two chicken breasts grilled to perfection and topped with housemade marinara sauce and melted parmesan cheese.

Smothered Chicken...14.99

Two chicken breast grilled and smothered in garlic mushrooms, sautéed onions and melted Swiss cheese.

STEAKS

Our steaks are seasoned with gluten free seasonings.

Most entrees include house salad and a choice of baked potato, mashed potatoes, apple sauce or steamed vegetables. Sorry no French fries, baked beans or wild rice.

New York Strip Steak...19.99

A 12oz house cut boneless top loin of Choice beef.

Filet Mignon...24.99

A Choice 10oz. center cut of beef tenderloin served with vegetables and your choice of side. We recommend our steaks be cooked medium and under.

Rib-eye Steak...20.99

A 1lb. house cut of Choice rib-eye steak grilled to your liking.

Top Sirloin...15.99

A choice 1/2lb. cut of sirloin grilled to your liking.

Add Grilled Shrimp Skewer...5.99

Add Lobster Tail...12.99

Add A side of Garlic Mushrooms..2.99

Add Bleu Cheese Crumbles..1.99

Gluten Free Beer-Red Bridge by Budweiser, Woodchuck Hard Cider

If you have questions about anything not seen on this menu including other available preparations, do not hesitate to ask.